

Total Physical Response Activities

Activity 1

Materials Required: one book for each student

Say the following commands to each student and have them do the action that corresponds. Model each action as you give the command until each student participates without hesitation. Repeat and review commands after you add new ones. Then repeat the new ones, recombining them before adding more. Try to keep the students feeling successful.

Stand up	Open your eyes
Sit down	Stand up
Stand up	Raise your hand
Sit down	Put your hand down
Raise your hand	Raise your book
Put your hand down	Put your book down
Stand up	Open your book
Raise your hand	Open your mouth
Put your hand down	Close your mouth
Sit down	Close your book
Raise two hands	Sit down
Put one hand down	Open your mouth
Put the other hand down	Close your mouth
Open your book	SHHH (whisper) Be quiet (hold students quiet for 30 seconds)
Close your book	That's very, very good
Open your hands	Wonderful!
Close your hands	
Close your eyes	

Activity 2

(more advanced)

Materials Required: chalkboard or writing paper

Read the following instructions to the students.

Go to the chalkboard (or take out a piece of paper)

Write 1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Draw a line under the number 4

Write A B C D E F G H I J

Draw a line under 6, 7, 8

Draw a line under 9, 10
Draw a line under E F G
Draw a line under I J
Draw a circle around A B
Draw a circle around F
Cross out number 1

Cross out numbers 3 and 4
Cross out A B C
Erase 1, 2, 3, 4
Erase E F G

Total Physical Response – Words and Phrases

General Body Movements

1. stand up
2. sit down
3. walk
4. stop
5. turn left
6. turn right
7. turn around
8. walk backwards
9. jump
10. hop
11. bend over
12. squat
13. walk 3 steps, 5 steps, etc.
14. face ____ (face me; face the wall, face the door, etc.)
15. lift up your right leg (left leg, right arm, etc.)

16. lower your leg (left leg, right arm, etc.)

17. shake my hand

18. kiss me (on the cheek!)

19. make a fist

20. clap your hands

21. snap your fingers

22. wave

Facial things

23. smile

24. cough

25. laugh

26. cry

27. sneeze

28. open your mouth

29. close your mouth

30. stick out your tongue

31. put your tongue back in

32. wink

33. blink

34. wiggle your nose

General verbs you can use with objects

35. where is

36. touch

37. show me

38. pick up

39. put down

40. put it back (return)

41. drop

42. move

43. give me (give him)

44. take it back

45. throw

46. catch

47. turn over (flip)

48. put the _____ on (under etc.) the _____